

Baby Massage and Tummy Time Play Risk Assessment

Purpose of the Policy

The policy is intended to ensure consistency, safeguarding children and to protect caregivers and staff. All Instructors should follow procedures around checking equipment and environment at each session, ensuring that adults and children and adults are safe at all times.

Task/Activity	Baby Massage and Tummy Time Play
Location	Private hire venues TBC
Date: 03/12/2024	Review date: December 2025

Likelihood		Severity
Very Unlikely	1	Minor injury - no time off (bruises, scratches, discomfort)
Unlikely	2	Injury - up to three days off (injury requires first aid i.e. more serious cuts, sprains)
Likely	3	Reportable condition (injury or disease which keeps child/adult absent for more than three days / requires child /adult to be taken to hospital)
Very Likely	4	Major injury / long-term absence (severe cut /broken bones)
Certain	5	Death


Low 1 - 2

Medium 2 - 3

High 4 - 5

Description of Hazard	Consequences of Hazard	Persons of Risk	Current Control Measures	Risk
Health check	Spread of germs incl. coronavirus	Adults, babies and children	<p>All adults will be made aware prior to the appointment not to attend if they, or baby, are experiencing any of the following symptoms</p> <ul style="list-style-type: none"> *Recent onset of a new continuous cough *A high temperature * A loss of, change in , normal sense of taste or smell <p>All adults will be reminded that baby should not participate with the session if suffering from any contagious illness i.e. coughs, colds, chicken pox</p> <p>All equipment will be single attendee use or sanitised between use</p>	
Immunisations	Unwanted reactions to immunisations in children	Babies and children	All adults will be made aware prior to the class that they are unable to use massage techniques if their child has had immunisations in the last 24 hours.	
Misuse of equipment (mats,	Cuts, scrapes, head injury	Adults, babies and children	Continuous equipment checks. Ensure all adults know how to	

cushions, toys, visuals)			use the equipment safely.	
Accidents, tripping	Cuts, scrapes, head injury	Adults, babies and children	<p>Continuous checks. Adults should ensure that equipment and resources are stored appropriately and safely and are not left lying on the floor.</p> <p>Instructor will read venue's risk assessment.</p> <p>Instructor to check in each session with venue to ensure there are no new developments or additions to the venue's risk assessment.</p> <p>Attendees to bring as little as possible to limit the possibility of trips once inside the venue.</p>	
Floor and room temperature	Changes to body temperature	Adults, babies and children	<p>Mats to be used by each attendee.</p> <p>Blankets and additional layers to be advised where necessary (weather dependent).</p> <p>Heating of venue space available.</p>	
Public attention and	Sessions and attendees	Adults, babies and children	Sessions will be held in a private space.	

observation	feeling uncomfortable, harassed or that the session is not private		<p>Attendees will be made aware if the venue is in sight of the public i.e. windows.</p> <p>Attendees must pre-book and sign in for each session.</p> <p>Adults must be accompanied by a baby/child.</p>	
-------------	--	--	--	--

Policy Review: 03.12.2024 Policy Approved by: Little Cubs Baby Hub
Issue Date: 01.01.2025 Next Review Date: December 2025